

VENOUS INSUFFICIENCY ULTRASOUND SCAN



ALL YOU NEED TO KNOW

SUPPORTED BY VENOPROVE+



Varicose veins are enlarged, swollen, and twisted veins that usually occur in the legs and feet. Treatment options include minimally invasive procedures such as sclerotherapy and endovenous laser treatment, and in some cases, surgery may be necessary



VENOUS CARE



Who at risk?

People who have/had:

1. Deep Vein Thrombosis (DVT)
2. Varicose Veins or a family history of varicose veins
3. Pregnancy
4. Sedentary lifestyle
5. Prolonged Periods of standing or sitting
6. Obesity with BMI above 30
7. Age over 50 years old
8. Female gender



Chronic venous insufficiency (CVI) occurs when valves in the veins are not working properly, making it difficult for blood to flow back to the heart. As blood collects and pool in the veins, will result in leg pain swelling and leg ulcers.

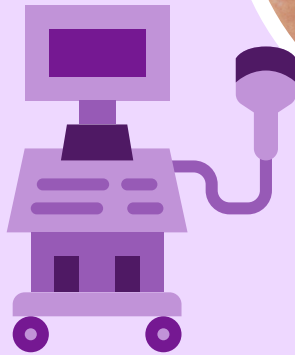


To remove the compression stocking one day before the scan



During the Scan

The scan uses Ultrasound technology which produces no radiational and is safe, even for Pregnant women, it is a non-invasive and painless procedure with no needles involved.



Before Scanning

You will need to remove your clothing (lower body) to allow us to scan your legs starting from your groin.

An ultrasound gel will be applied on the area to be scanned. It is a water-based gel which is hypoallergenic.

During the scan, you will be asked to :

1. Lie down on the scanning couch for us to scan.
2. Stand on a step ladder with handrails, while we continue to scan.

After the Scan

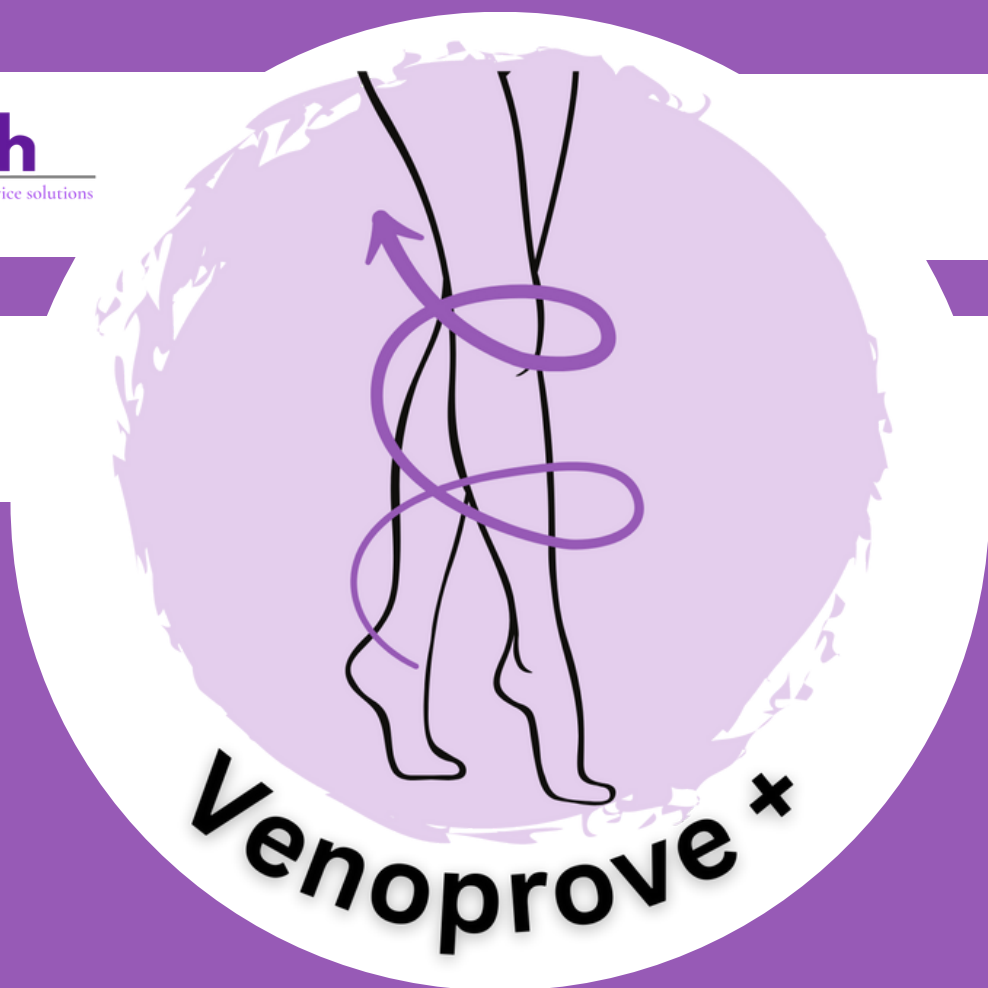
The vascular specialist /technologist will provide you with a towel to wipe off any remaining gel.

CARE TIPS

If you have venous insufficiency,

1. Wear compression stockings whenever you have to stand or walk for extended periods of time. Remove your stockings before you go to sleep.
2. Change compression stockings every 3-6 months. Hand wash them regularly. Avoid direct sunlight when drying them.
3. Elevate your legs whenever possible , For example, place your legs on a stool while watching TV at home.
4. Keep your legs raised on pillows when you sleep.





CLASS II COMPRESSION STOCKING

- TREATMENT OF VARICOSE VEINS
- TREATMENT OF OEDEMA, PHLEBITIS AND HEMATOMA
- PREVENTION OF VENOUS THROMBOSIS AND RECURRENCE AFTER VARICOSE VEIN SURGERY
- MEDICAL GRADE CLASS II COMPRESSION STOCKINGS (23-32 MMHG)

CONTACT US

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